

#EIMA2025

1ER ENCUENTRO INTERNACIONAL MASTER DE ATLETISMO



*Edición 2025
Convocatoria*

*Playa del Carmen, Quintana Roo
México*



The Municipality of Solidaridad, in collaboration with the team from the Department of Infant, Youth, and Sustainability Development for the Body (DDIJSC) – Sports Talk, the Group of Sociocultural Studies of Mexican Athletics; the Vladymaratón Athletics Club, and the Quintana Roo Athletics Association (Association under construction), are honored to invite you to the 1st International Master Athletics Meeting.

WELCOME

Welcome everyone:

It is an honor to stand before you today at this 1st International Master Meeting, a space where sport, health, and sustainability converge to shape a more conscious future, one that is deeply committed to our well-being and that of generations to come. Today, we address a topic that concerns us all: the sustainability of the body. In a world where the pace of life grows ever faster, it is crucial to reflect on how we care for our bodies—not only as athletes but as mindful individuals who recognize that health is the cornerstone of a fulfilling and active life.

The sustainability of the body is more than just a concept; it is a way of life. It is about understanding that our bodies are intricate systems that demand balance, care, and respect. As master athletes, we know that sport is not solely about competition; it is also a powerful tool to keep us vibrant, healthy, and deeply connected to our passion for movement. This gathering is an opportunity to share knowledge, experiences, and strategies that will help us manage our longevity in sports. We will explore how to adapt our training, prevent injuries, nourish ourselves mindfully, and cultivate a strong, resilient mindset, particularly within the Latin American context.

Yet, we are not alone on this journey. As individuals dedicated to athletics, we have a responsibility to inspire others and to foster a sports culture that prioritizes long-term health and well-being. This commitment not only benefits us personally but also has a positive ripple effect on our communities, families, and society as a whole.

Let us take a moment to express our gratitude to all of you for being here today, for being part of this movement. Thank you to those who took the time to read about this event, share it with others, and join us in this initiative. Your presence is a testament to the shared commitment we hold toward sports, health, and life itself.

We would also like to extend our heartfelt thanks to the organizers, speakers, and collaborators who made this meeting possible. Without their dedication and hard work, this event would not have come to fruition.

This 1st International Master Meeting marks only the beginning. Together, we can build a future where sport and longevity go hand in hand, where the sustainability of the body is a priority, and where each of us becomes an agent of change within our communities. Thank you for being part of this journey. Enjoy the event! Let us continue to run, jump, and live with passion and purpose!





INFO:

Date: May 2nd to May 4th, 2025

Location: Mario Villanueva Madrid Stadium Track

Participants: All athletes from the country who meet the requirements outlined in this call may participate.

CATEGORIES AND GENDER

Male and Female

- 30 a 34 years old
- 35 a 39 years old
- 40 a 44 years old
- 45 a 49 years old
- 50 a 54 years old
- 55 a 59 years old
- 60 a 64 years old
- 65 a 69 years old
- 70 and more

RUNS:

- 100 m
- 200 m
- 400 m
- 1500 m
- 5000 m

Walk Race:

- 5000 m

Throw:

- Shot Put
- Discus Throw

Jumps:

- Long jump

RESTRICTIONS:

The age category will be respected; however, if at least five competitors are not registered per event, the competitors will be moved to a lower category.

REG:

The registrations will be open from the date of publication until Friday, April 25, 2025. Athletes are entitled to participate in 3 events. It is recommended to confirm participation as soon as possible to secure a spot in the chosen events.

Registration form: <https://forms.gle/p2fi5jZxc4aiN8YG9>

COST:

\$ 700MXN / \$40 USD

Bank deposit / Transfer / by OXXO:

BanK: HSBC

ACOUNT: 642606290

CLABE: 021691064260629011

CARD NUMBER: 4213166026675276

NAME: Vladimir González Arana





COMPETITION RULES:

The current regulations set by World Athletics will be applied.

AWARDS

Commemorative event t-shirt.

Medals for the top 3 places in all events for both categories (male and female)..

NUMBER DISTRIBUTION

It will take place on Friday, May 2nd, from 6:00 PM to 7:30 PM at the entrance of the Mario Villanueva Madrid Stadium. This is for coaches or group leaders of competitors.

PRE-EVENT MEETING:

It will take place on Friday, May 2nd at 18:00 hrs at the entrance of the Mario Villanueva Madrid Stadium. Coaches or group representatives must attend.

SPORTS RISK

First aid services will be available. In case of hospitalization, expenses will be covered by the competitor or the club they represent, as the organization is not responsible for risks inherent to sports activities.

REGISTRATION FORM:

Your participation will help us deliver a higher-quality event. Thank you for being part of this great event.





COMPETITION EQUIPMENT

The necessary equipment for the development of the event will be provided. Participants may use their own materials as long as they are approved by the referee judge, and these must be submitted during the pre-event meeting. Such materials may be used by all athletes participating in the event.

TRANSPORT, ACCOMMODATION AND FOOD

It will be the responsibility of each athlete or participating team.

TRACK LOCATION



PROTESTS:

They must be submitted in writing to the Appeals Jury within thirty minutes after the official announcement of the results. The protest must be signed by the coach and the athlete making the protest and must be accompanied by a deposit of \$150.00 MXN./ \$8 USD - The deposit will be refunded to the athlete if the claim is upheld.

JUDGES:

They will be appointed by the Organizing Committee, and electronic timing will be used.

MATTERS:

Any issues not foreseen in this call will be resolved during the preliminary meeting by the Organizing Committee.

INFO:



Contact:

9983140883

FEEL WELCOME TO THIS COMPETITION!!!!

