

Close



« Back to 2024 U.S. Olympic Team Trials – Track & Field

SCHEDULE

All Times Pacific.

DAY 1 - Friday, June 21, 2024 Morning Session

| | | |
|-------|---------------|---------|
| 10:00 | 100m Dec | M Heats |
| 11:00 | Hammer Throw | W Q |
| 11:01 | Long Jump Dec | M A & B |
| 12:11 | Shot Put Dec | M A & B |

DAY 1 - Friday, June 21, 2024 Evening Session

| | | |
|-------|--------------------|---------|
| 15:20 | 400m | M R1 |
| 15:30 | Javelin Throw | M Q |
| 15:48 | 400m | W R1 |
| 16:17 | 800m | W R1 |
| 16:30 | High Jump Dec | M A & B |
| 16:49 | 3000m Steeplechase | M R1 |

| | | |
|--------------|----------------|----------------|
| 17:22 | 1500m | M R1 |
| 17:50 | Pole Vault | M Q |
| 17:53 | 100m | W R1 |
| 18:15 | Shot Put | M Q |
| 18:22 | 5000m | W R1 |
| 18:50 | Triple Jump | W Q |
| 19:05 | 400m Dec | M Heats |
| 19:27 | 10,000m | M Final |

DAY 2 - Saturday, June 22, 2024 Morning Session

| | | |
|-------|------------------|---------|
| 10:00 | 110m Hurdles Dec | M Heats |
| 11:08 | Discus Throw Dec | M A & B |
| 13:17 | Pole Vault Dec | M A & B |

DAY 2 - Saturday, June 22, 2024 Evening Session

| | | |
|--------------|--------------------|----------------|
| 16:45 | Long Jump | M Q |
| 17:00 | High Jump | W Q |
| 17:15 | Javelin Throw Dec | M A & B |
| 18:00 | 100m | W SF |
| 18:20 | Triple Jump | W Final |
| 18:22 | 100m | M R1 |
| 18:40 | Shot Put | M Final |
| 18:54 | 1500m | M SF |

| | | |
|--------------|------------------|----------------|
| 19:14 | 400m | W SF |
| 19:38 | 1500m Dec | M Final |
| 19:50 | 100m | W Final |

DAY 3 - Sunday, June 23, 2024 Morning Session

| | | |
|-------|------------------|---------|
| 10:00 | 100m Hurdles Hep | W Heats |
| 11:23 | High Jump Hep | W A & B |

DAY 3 - Sunday, June 23, 2024 Evening Session

| | | |
|--------------|---------------------------|----------------|
| 17:00 | Hammer Throw | W Final |
| 17:30 | Master's 800m | W Ex |
| 17:38 | Master's 800m | M Ex |
| 17:45 | Pole Vault | M Final |
| 17:48 | 100m | M SF |
| 18:10 | Shot Put Hep | W A & B |
| 18:11 | 800m | W SF |
| 18:35 | 400m | M SF |
| 18:40 | Javelin Throw | M Final |
| 18:58 | 400m | W Final |
| 19:07 | 3000m Steeplechase | M Final |
| 19:26 | 200m Hep | W Heats |
| 19:49 | 100m | M Final |

DAY 4 - Monday, June 24, 2024 Morning Session

| | | |
|-------|-------------------|---------|
| 10:00 | Long Jump Hep - A | W A & B |
| 11:10 | Javelin Throw Hep | W A |

DAY 4 - Monday, June 24, 2024 Evening Session

| | | |
|--------------|--------------------|----------------|
| 17:00 | Discus Throw | W Q |
| 17:05 | 110m Hurdles | M R1 |
| 17:15 | High Jump | W Final |
| 17:25 | Long Jump | M Final |
| 17:47 | 1500m | M Final |
| 17:59 | 3000m Steeplechase | W R1 |
| 18:37 | 800m Hep - A | W Heats |
| 18:48 | 800m Hep - B | W Heats |
| 18:59 | 400m | M Final |
| 19:09 | 5000m | W Final |
| 19:32 | 800m | W Final |

DAY 5 - Tuesday, June 25, 2024

Practice Day - No Competition

DAY 6 - Wednesday, June 26, 2024

Practice Day - No Competition

DAY 7 - Thursday, June 27, 2024 Evening Session

| | | |
|--------------|---------------------------|----------------|
| 16:30 | 800m | M R1 |
| 16:55 | Discus Throw | W Final |
| 17:00 | High Jump | M Q |
| 17:01 | 110m Hurdles | M SF |
| 17:23 | 1500m | W R1 |
| 17:51 | 200m | W R1 |
| 18:18 | Long Jump | W Q |
| 18:20 | 400m Hurdles | M R1 |
| 18:45 | Discus Throw | M Q |
| 18:49 | 400m Hurdles | W R1 |
| 19:18 | 3000m Steeplechase | W Final |
| 19:33 | 200m | M R1 |
| 20:03 | 5000m | M R1 |

DAY 8 - Friday, June 28, 2024 Evening Session

| | | |
|-------|---------------|------|
| 16:00 | Javelin Throw | W Q |
| 16:30 | Hammer Throw | M Q |
| 17:28 | 100m Hurdles | W R1 |
| 17:55 | Pole Vault | W Q |
| 17:58 | 1500m | W SF |
| 18:20 | Triple Jump | M Q |
| 18:21 | 400m Hurdles | M SF |
| 18:44 | 800m | M SF |
| 19:06 | 200m | W SF |

| | | |
|--------------|---------------------|----------------|
| 19:15 | Shot Put | W Q |
| 19:28 | 200m | M SF |
| 19:50 | 110m Hurdles | M Final |

DAY 9 - Saturday, June 29, 2024 Morning Session (Springfield)

| | | |
|------|-----------------|---------|
| 7:30 | 20 km Race Walk | M Final |
| 7:31 | 20 km Race Walk | W Final |

DAY 9 - Saturday, June 29, 2024 Evening Session

| | | |
|--------------|---------------------|----------------|
| 16:30 | Discus Throw | M Final |
| 17:04 | 100m Hurdles | W SF |
| 17:20 | Long Jump | W Final |
| 17:27 | 200m | W Final |
| 17:41 | 400m Hurdles | W SF |
| 17:50 | Shot Put | W Final |
| 18:09 | 10,000m | W Final |
| 18:49 | 200m | M Final |

DAY 10 - Sunday, June 30, 2024 Evening Session

| | | |
|--------------|---------------------|----------------|
| 15:15 | Pole Vault | W Final |
| 15:15 | Hammer Throw | M Final |
| 15:30 | High Jump | M Final |
| 15:55 | Triple Jump | M Final |

| | |
|----------------------------|----------------|
| 16:10 Javelin Throw | W Final |
| 16:30 5000m | M Final |
| 16:51 800m | M Final |
| 17:00 100m Hurdles | W Final |
| 17:09 1500m | W Final |
| 17:20 400m Hurdles | M Final |
| 17:29 400m Hurdles | W Final |

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